

BEJOY NARAYAN MAHAVIDYALAYA

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Date. 25:04:2017

CERTIFICATE COURSE

ON

PERSONALITY DEVELOPMENT

Curriculum

Object:

- To instill self-confidence, self-esteem, self-reliance.
- To develop force-Physical, Mental, Intellectual, Moral & Spiritual
- To develop a fearless moral spirit-founded on truth purity and unselfishness.

Method:

- Discussion inculcation the life building teaching of Swami Vivekananda and other great teachers.
- Discussion on rich heritage of our country for building self-confidence.
- Maintaining a disciplined routine oriented to achieve the aim of life with a higher object.

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- Health-consciousness -which is the real wealth, with physical yoga and pranayama.
- Classical literature to impress morality and confidence.
- Continuous labor, self-discipline, self-control which are required for bringing out the knowledge and power within.
- Universal toleration and moral conduct basis of building character.
- Practice on concentration on one object, detaching from others is the very method of ancient education system of India. It is required to have quick grasp of any subject.
- To build up fellow feelings among themselves (students) to become real friends.
- To build up respect to elders-mother, father and teachers particulars.
- To build up intimate relationship with the society through service as worship.
- · To build up intimacy with the environment around.

Books-Text and Reference

Text Book(s):

Name of the Book	Author	Publisher
Universal Ethics and Moral Conduct	Swami Vivekananda	Adwaita Ashrama

Reference Books:

SI No	Name of the Book	Author	Publisher
1.	Karmoyoga	Swami	Udbodhan
		Vivekananda	Karyaloya,
			Kolkata
2.	Rajyoga	Swami	Udbodhan
	3,7 0	Vivekananda	Karyaloya,
	LAN CHA CHUM	V	Kolkata

3.	Practical Vedanta	Swami	Adwaita	
		Vivekananda	Aashrama	
4.	Personality Development	Swami Vivekananda		
5.	Atmabikas (Bengali)	Swami Premeshananda	R. K. Mission	
6.	Adarsha Chhatrajiban (Bengali)	Swami Swagatananda	R. K. Mission	
7.	Manush Nijer Bhagya Nijei Gare (Bengali)		Udbodhan Karyaloya, Kolkata	

Study Materials:

- Buniyadee Shiksha (Bengali) (in Eng. Basic Education)
- · Fundamentals of Education
- Eternal India
- Philosophy and Method of Education
- Meditation
- Great Sayings- Swami Vivekananda
- Great Sayings- Acharya Jagadish Chandra Bose
- Manush Nijer Bhagya Nijei Gare (Bengali)

Text Books: Topics

Ethics and Morality: The Real Basis of Life

Love and Renunciation: The Motive Power of the Universe

The Philosophic Background

The Rationale Ethics

Self-abnegation: The Basis of Moral Life

Morality- Not an End in itself: Freedom its Goal



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Morality: Its Relative aspects

Morality: Its Absolute Standard

Utility of Morality and Ethics

Ethics: The Way and Method

Action and its Effect on Character

Ethical Principles and Practical Life

The Ethical Idealism of Buddha

Essential Moral Virtues:

Mercy and Self Sacrifice

Service

Duty

Chastity

Non-injury

Attention to Means

Some Moral Precepts and Exhortations to Our Youths

25.04.2017

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